

## CHILDREN SENSORY GARDEN PLANT LIST

This list is intended to be used as a guide only. Many factors will influence your plant choices including location and seasons, rainfall, winds, coastal or inland, altitude, maintenance, budget, soil quality and type, sun and shade, etc.

Envision the benefits of each plant to your garden – taste, touch, smell, sight, hearing, indigenous, harvest, cook, drink tea, health and nutrition, play, curriculum aspects, attract wildlife... what is seasonal and perennial and non-toxic?

### FLOWERS

Giant sunflowers, Pansy, Viola, Snapdragons, Allyssum, Nasturtium, Calendula, Love in the mist, Cosmos, Hollyhock, Sweet William, Poppy, Bleeding Heart

### VEGGIES

Plan garden beds for what is in season and prepare for next season seed sowing. Consider crop rotation for annuals, companion planting and adequate spacing of plants within garden area. Consider companion plants and those that attract or detract pollinators.

Perennials: complete lifecycle in 2 or more years. Asparagus, Strawberries, Berries

Annuals: Seasonal vegetables. Broccoli, Lettuce, pumpkin, tomatoes

Root veggies: Beetroot, Carrots, Onions - plant in garden, often don't transfer well

Climbers: Peas, Beans, Cucumber, Pumpkin, Gourds, Cherry tomato, Kiwifruit, Grape, Passionfruit

### HERBS

Annuals – Coriander, basil,

Perennials – Sage, mints, Wormwood, Oregano, Chamomile, Tarragon, chives, Rosemary, Thyme

### HEDGE / ESPELLIER

Apples, Pomegranate, Pineapple Gauva, Strawberry Gauva, Olive, Lilly Pilly, Orange, Mandarin, Lemon, Lime, Apricot, Bamboo

### SHADE TREES – According to space allocation

Apple, Cherry, Bay Tree, Pear, Almond (dwarf), Mulberry (dwarf), Lilly Pilly (psyllid resistant)  
Lemon Myrtle

### TOXIC/DANGEROUS

Thorny plants – some berries, some varieties of lemons...

Toxic plants - Rhubarb (if planting) needs a clear sign as toxic uncooked

Stings - Plant lavender away from paths as attracts a lot of bees.

**My favourite texture plant:** Lambs Ear (*Stachys byzantine*)